






Active Adult Center - January 2024 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Happy New Years! 1  | 2 Roasted Pork Whipped Potatoes Sauerkraut Biscuit w/Apple Butter Cookie | 3 Baked Cabbage Roll w/ Tomato Sauce Whipped Potatoes Carrots White Bread Seasonal Fresh Fruit | 4 Balsamic Glazed Chicken w/ Tomatoes & Mozzarella Cheese Penne Pasta Oven Roasted Brussels Sprouts Dinner Roll Fruited Gelatin | 5 Philly Cheeseburger w/ Provolone, Peppers, & Onions Creamy Cauliflower Soup Sandwich Roll Fresh Seasonal Fruit |
| 8 All-Beef Stadium Hot Dog BBQ Baked Lima Beans Macaroni Salad Ice Cream Hot Dog Roll, K/M | 9 Baked Pollock Macaroni & Cheese Stewed Tomatoes Dinner Roll Fresh Fruit | 10 Chicken & Waffles Mixed Vegetables Warm Berry Crisp Vanilla Ice Cream | 11 Pepper Steak w/ Onions & Peppers Whipped Potatoes Oven Roasted Broccoli Italian Bread Cottage Cheese & Peaches | 12 BBQ Chicken Breast Baked Potato w/Margarine Peas & Carrots White Bread Fresh Orange |
| Martin Luther King Day! 15 Center Closed  | 16 Cheeseburger Stroganoff Peas Dinner Roll Fresh Fruit | 17 Pasta & Meatballs (4) BowTie Pasta w/ Marinara Tossed Salad w/ Tomato Breadstick Brownie Grape Juice | 18 Winter Beef Stew Mixed Vegetables Cornbread Apple Crisp | 19 Cheese Omelet w/ Ham, Peppers, Onions Sausage Patty Breakfast Potatoes English Muffin w/ Jelly Cranberry Juice |
| 22 Ham and Cheese Sandwich Lettuce & Tomato Creamy Tomato Soup w/ Crackers 2 Rye Bread Baked Pineapple | 23 Baked Lasagna w/ Meat Sauce Tossed Salad Green Beans Italian Bread Chocolate Pudding Juice | 24 Center Closed In-Service Day  | 25 Tater Fish Cheesy Potatoes Creamy Coleslaw Dinner Roll Banana, Tartar Sauce | 26 Meatball Sandwich w/Marinara Alfredo Noodles Tossed Salad Hot Dog Roll Fresh Fruit |
| 29 Stuffed Pepper w/ Sauce Whipped Potatoes Mixed Vegetables Dinner Roll Pudding | 30 Open Faced Meatloaf Sandwich w/Gravy Mashed Potatoes w/Gravy Broccoli White Bread Cherry Gelatin | 31 BBQ Pork Ribette Creamy Coleslaw Baked Beans Sandwich Roll Seasonal Fresh Fruit |  <i>*menu subject to change based on availability</i> |  |

Meal orders are placed every Monday for the following week. To reserve your meal, please call the Center at 814-231-3076. \$2.00 Donation for 60 years and over, \$6.01 for 55-59 years old. All Meals are served with 2% Milk.