





# January Calendar

The Center is open Monday-Friday, 9 AM – 3 PM.  
 11:45 AM Lunch Service - You must pre-register for lunch a week in advance. Contact Staff at (814) 231-3076 to register.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p style="text-align: center; color: purple;"><b>CENTER CLOSED</b></p> 	<p><b>2</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM Pinochle                      10:30 AM Bridge                      10:30 AM <b>All About the month January with staff</b>                      11:45 AM Lunch                      12 PM Canasta</p> 	<p><b>3</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM Penny Poker                      9:30 AM <b>Movie Morning Showing Disney's "The Jungle Cruise" with Movie Popcorn and Candy</b>                      10 AM Line Dancing Lessons                      10:45 AM Line Dancing                      11:45 AM Lunch                      12:30 PM MahJongg</p> <p style="text-align: center; color: blue;">5 PM Tai Chi (Pre-Register)</p>	<p><b>4</b> <b>National Trivia Day</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM Healthy Steps                      10:30 AM <b>Trivia, Trivia, Trivia!</b>                      10:30 AM Bridge                      11:45 AM Lunch                      12 PM Open Artist Studio</p>  <p style="text-align: center; color: blue;">5:15 PM Get Me Moving</p>	<p><b>5</b></p> <p>9 AM Games &amp; Puzzles                       9:30 AM 500 Bid Card Game                      9-9:30 AM <b>Silversneaker Boom</b>                      9:45-10:30 AM <b>Silversneaker Mind</b>                      10 AM Canasta                      10:30 AM <b>January Birthday Celebration</b>                      10:45 AM Line Dancing                      11:45 AM Lunch</p> <hr style="border: 0.5px solid purple;"/> <p style="text-align: center; color: blue;">Saturday, Jan. 6th, 9-11 AM Tai Chi (Pre-Register)</p>
<p><b>8</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM Penny Poker                      9:30 AM Healthy Steps                      10:45 AM <b>Open Crafts</b>                      10:45 AM Line Dancing                      11:45 AM Lunch                      12 PM MahJongg</p> <p style="text-align: center; color: blue;">5:15 PM Get Me Moving</p>  	<p><b>9</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM Pinochle                      10:30 AM Bridge                      10:30 AM <b>Family Home Health presents on Winter Safety</b>                      11:45 AM Lunch                      12 PM Canasta</p> <p style="text-align: center; color: magenta;">5:30 PM <b>ACAP Meeting (Adult Children of Aging Parents)</b></p>	<p><b>10</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM Penny Poker                      10 AM Line Dancing Lessons                      10:30 AM Nickle Bingo                      10:45 AM Line Dancing                      11:45 AM <b>Lunch</b>                      12:15 PM <b>Book Club with Karen from Schlow Library Book; Book Chat, Book Preview</b>                      12:30 PM MahJongg</p>  <p style="text-align: center; color: blue;">5 PM Tai Chi (Pre-Register)</p>	<p><b>11</b> <b>OUTING TO BELLEFONTE</b></p> <p style="text-align: center; color: blue;"><b>BOWLING LANES 11:00 AM - 1:30 PM</b>                      (*cost \$11, includes van ride, shoe rental, 2 hrs. of bowling, pizza lunch!)</p> <p>9 AM Games &amp; Puzzles                       9:30 AM Healthy Steps                      10:30 AM Bridge                      11:45 AM Lunch                      12 PM Open Artist Studio</p> <p style="text-align: center; color: blue;">5:15 PM Get Me Moving</p>	<p><b>12</b></p> <p>9 AM Games &amp; Puzzles                      9:30 AM 500 Bid Card Game                      9-9:30 AM <b>Silversneaker Boom</b>                      9:45-10:30 AM <b>Silversneaker Mind</b>                      10 AM Canasta                      10 AM <b>Learn to write your autobiography - Week 1</b>                      10:45 AM Line Dancing                      11:45 AM Lunch</p> <hr style="border: 0.5px solid purple;"/> <p style="text-align: center; color: blue;">Saturday, Jan. 13th, 9-11 AM Tai Chi (Pre-Register)</p>

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**CENTER CLOSED**



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9 AM Games & Puzzles  
9:30 AM Pinochle  
10:30 AM Bridge  
10:30 AM **Join Jessica for Encompass Health Bingo**  
11:45 AM Lunch  
12 PM Canasta



17

9 AM Games & Puzzles  
9:30 AM Penny Poker  
10 AM Line Dancing Lessons  
10:30 AM **Ice Cream Social with Celebration Villa**  
10:45 AM Line Dancing  
11:45 AM Lunch  
12:30 PM MahJongg

5 PM Tai Chi (Pre-Register)

18 **National Popcorn Day**

9 AM Games & Puzzles  
9:45 AM Healthy Steps  
10:30 AM Bridge  
10:30 AM **Popcorn Bar!**  
11:45 AM Lunch  
12 PM Open Artist Studio



5:15 PM Get Me Moving

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9 AM Games & Puzzles  
9-9:30 AM **Silversneaker Boom**  
9:30 AM 500 Bid Card Game  
10 AM Canasta  
9:45-10:30 AM **Silversneaker Mind**  
10 AM **Learn to write your autobiography - Week 2**  
10:45 AM Line Dancing  
11:45 AM Lunch

Saturday, Jan. 20st, 9-11 AM Tai Chi (Pre-Register)

22

9 AM Games & Puzzles  
9:30 AM Penny Poker  
9:30 AM Healthy Steps  
10 AM **Jewelry Making 101 with Dawn, pre-register, \$6**  
10:45 AM Line Dancing  
11:45 AM Lunch  
12 PM MahJongg



5:15 PM Get Me Moving

23

9 AM Games & Puzzles  
9:30 AM Pinochle  
10:30 AM Bridge  
10:30 AM Card Making with Karen  
11:45 AM Lunch  
12 PM Canasta



24

**AAC In-Service Day!**



**\*Open to Instructional Classes only**  
10 AM Line Dancing Lessons  
10:45 AM Line Dancing

5 PM Tai Chi (Pre-Register)

25 **OUTING TO STATE COLLEGE GOODWILL & LUNCH AT REY AZTECA**

9 AM Games & Puzzles  
9:45 AM Healthy Steps  
10:30 AM Bridge  
11:45 AM Lunch  
12 PM Open Artist Studio

5:15 PM Get Me Moving



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9 AM Games & Puzzles  
9-9:30 AM **Silversneaker Boom**  
9:30 AM 500 Bid Card Game  
9:45-10:30 AM **Silversneaker Mind**  
10 AM Canasta  
10 AM **Learn to write your autobiography - Week 3**  
10:45 AM Line Dancing  
11:45 AM Lunch

Saturday, Jan. 27th, 9-11 AM Tai Chi (Pre-Register)

29

9 AM Games & Puzzles  
9:30 AM Penny Poker  
9:45 AM Healthy Steps  
10:45 AM **Open Crafts**  
10:45 AM Line Dancing  
11:45 AM Lunch  
12 PM MahJongg



5:15 PM Get Me Moving

30 **National Hot Cocoa Day**  
*Wear your favorite Hat or Scarf today!*

9 AM Games & Puzzles  
9:30 AM Pinochle  
10:30 AM Bridge  
10:30 AM **Hot Cocoa Bar**  
11:45 AM Lunch  
12 PM Canasta



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9 AM Games & Puzzles  
9:30 AM Penny Poker  
10 AM Line Dancing Lessons  
10 AM **Project Share**  
10:30 AM **Dime Bingo**  
10:45 AM Line Dancing  
11:45 AM Lunch  
12:30 PM MahJongg



5 PM Tai Chi (Pre-Register)

**Please Note:**  
**Activities are subject to change without advanced notice.**

Open Enrollment for The Winter/Spring Program Sessions began on 12/08/23

Sign up at [www.crpr.org](http://www.crpr.org) -Visit the Active Adults page, then the online registration button. Program fees can be paid online or at the Front Desk. Please see staff if you need assistance or have questions.