
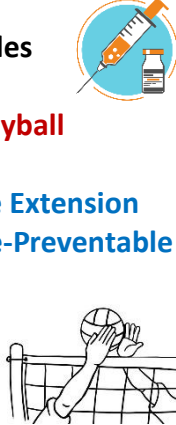








NITTANY MALL SPACE #990

2901 E. College Avenue, State College, PA 16801 | PHONE: (814) 231-3076 | ONLINE: www.crpr.org





The Center is open Monday-Friday, 9 AM – 3 PM.
11:45 AM Lunch Service - You must pre-register for lunch a week in advance. Contact Staff at (814) 231-3076 to register.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 CENTER CLOSED COST SAVINGS DAY NO VANS OR MEALS OPEN TO INSTRUCTIONAL CLASSES ONLY</p>  <p>10:45 AM Line Dancing 5 PM Get Me Moving</p>	<p>2 National PB&J Day!</p> <p>9 AM Games & Puzzles 9:30 AM Pinochle 9:30 AM Chair Volleyball 10:30 AM Bridge 10:30 AM Penn State Extension presents on "Vaccine-Preventable Illnesses." 11:45 AM Lunch 12 PM Canasta</p> 	<p>3 Center open to event participants ONLY</p> <p>Welcome to the "HAPPEY VALLEY GAMES" Presented by the Penn State RPTM 456 Students Join us for a morning of Olympic themed games, food and fun at the AAC. Wear your favorite country colors and get ready for some friendly team competition! Cost: \$6 per person!</p>  <p>5 PM Tai Chi (Pre-Register)</p>	<p>4</p> <p>9 AM Games & Puzzles 9:30 AM Healthy Steps 10:30 AM Encompass "Deal or No Deal"  10:30 AM Bridge 11:45 AM Lunch 12 PM Open Artist Studio 4:30 to 6:30 PM Parks & Rec Job Fair! Have a family member looking for some seasonal work? Tell them about our Job Fair!</p> 	<p>5 Outing to Ocean State Job Lot & Lunch at The Olde New York</p> <p>9 AM Games & Puzzles 9:30 AM 500 Bid Card Game 9-9:30 AM Silversneaker Boom 9:45-10:30 AM Silversneaker Mind 10 AM Canasta 10:45 AM Line Dancing 11:45 AM Lunch</p> <p>Saturday, April 6th, 9-11 AM Tai Chi (Pre-Register)</p>
<p>8</p> <p>9 AM Games & Puzzles 9:30 AM Penny Poker 9:30 AM Healthy Steps 10:45 AM Open Crafts 10:45 AM Line Dancing 11:45 AM Lunch 12 PM MahJongg 5 PM Get Me Moving</p> 	<p>9</p> <p>9 AM Games & Puzzles 9:30 AM Pinochle 10:30 AM Bridge 10:30 AM Master Gardeners presents on "Culinary Plants – Part 1" 11:45 AM Lunch 12 PM Canasta 5:30 PM ACAP Meeting (Adult Children of Aging Parents)</p> 	<p>10</p> <p>9 AM Games & Puzzles 9:10 AM Healthy Steps (45 min. class) 9:30 AM Penny Poker 10 AM Line Dancing Lessons 10:30 AM Mid-State Literacy Presents on "On-line RX" 10:45 AM Line Dancing 11:45 AM Lunch 12:30 PM MahJongg 12:15 PM Book Club with Karen from Schlow Library Book "The Heaven & Earth Grocery Store by; James McBride" 5 PM Tai Chi (Pre-Register)</p>	<p>11 CENTER CLOSED DUE TO...</p>  <p>5 PM Get Me Moving</p>	<p>12 Evening of Quarter Bingo! Reserve your spot for \$3! Doors Open at 4:45 PM First Game at 5:30 PM 9 AM Games & Puzzles 9:30 AM 500 Bid Card Game 9-9:30 AM Silversneaker Boom 9:45-10:30 AM Silversneaker Mind 10 AM Canasta 10:30 AM Rhymes and Riddles 10:45 AM Line Dancing 11:45 AM Lunch 12 PM Open Artist Studio</p> <p>Saturday, April 13th, 9-11 AM Tai Chi (Pre-Register)</p>

15

9 AM Games & Puzzles
 9:30 AM Penny Poker
 9:30 AM Healthy Steps
 10:30 AM **Nickle Bingo**
 10:45 AM Line Dancing
 11:45 AM Lunch
 12 PM MahJongg

5 PM Get Me Moving

16

9 AM Games & Puzzles
 9:30 AM Pinochle
 10:30 AM Bridge
 10:30 AM **Master Gardeners presents on "Culinary Plants – Part 2"**
 11:45 AM Lunch
 12 PM Canasta




17

9 AM Games & Puzzles
 9:30 AM Penny Poker
 10 AM Line Dancing Lessons
 10:30 AM **Mid-State Literacy Presents on "Mobile Health Apps"**
 10:45 AM Line Dancing
 11:45 AM Lunch
 12:30 PM MahJongg

5 PM Tai Chi (Pre-Register)

18 National Animal Cracker Day!

9 AM Games & Puzzles
 9:30 AM Healthy Steps
 10:30 AM Bridge
 10:30 AM **Prize Bingo with Capital Blue Cross**
 11:45 AM Lunch
 12 PM Open Artist Studio



5 PM Get Me Moving



19

9 AM Games & Puzzles
 9:30 AM 500 Bid Card Game
 9-9:30 AM **Silversneaker Boom**
 9:45-10:30 AM **Silversneaker Mind**
 10 AM Canasta
 10:30 AM **Earth Day Celebration!**
 10:45 AM Line Dancing
 11:45 AM Lunch

Saturday, April 20TH, 9-11 AM Tai Chi (Pre-register)

22


9 AM Games & Puzzles
 9:30 AM Penny Poker
 9:30 AM Healthy Steps
 10 AM **Jewelry Making 101 with Dawn, pre-register, limited seating, \$8**
 10:45 AM Line Dancing
 11:45 AM Lunch
 12 PM MahJongg

5 PM Get Me Moving


23

CENTER CLOSED ELECTION PRIMARY



24


9 AM Games & Puzzles
 9:10 AM **Healthy Steps (45 min. class)**
 9:30 AM Penny Poker
 10 AM Line Dancing Lessons
 10:30 AM **TRIAD presents on "Penn State Police – K9"**
 10:45 AM Line Dancing
 11:45 AM Lunch
 12:30 PM MahJongg



5 PM Tai Chi (Pre-Register)

25 Outing to Sharp Shopper, Peights & Lunch at Taste of the Valley


9 AM Games & Puzzles
 9:30 AM Healthy Steps
 10:30 AM Bridge
 10:45 AM **April Birthday Celebration with Juniper Village**
 11:45 AM Lunch
 12 PM Open Artist Studio



5 PM Get Me Moving

26 National Pretzel Day!



9 AM Games & Puzzles
 9:30 AM 500 Bid Card Game
 9-9:30 AM **Silversneaker Boom**
 9:45-10:30 AM **Silversneaker Mind**
 10 AM Canasta
 10:30 AM **Dime Bingo**
 10:45 AM Line Dancing
 11:45 AM Lunch



Saturday, April 27TH, 9-11 AM Tai Chi (Pre-register)

29

9 AM Games & Puzzles
 9:30 AM Penny Poker
 9:30 AM Healthy Steps
 10:45 AM **Open Crafts**
 10:45 AM Line Dancing
 11:45 AM Lunch
 12 PM MahJongg

5 PM Get Me Moving

30

9 AM Games & Puzzles
 9:30 AM Pinochle
 10 AM **Chair Volleyball**
 10:30 AM Bridge
 11:45 AM Lunch
 12 PM Canasta



OUTINGS REMINDER!!!
 Outings are on a first come first serve basis. You must see AAC staff at the front desk to sign up. It is your responsibility to sign up for outings, staff can not assume that you would like to attend!

MEAL REMINDERS:
 Remember: Meals are ordered on Monday for the following week. Please see the front desk to order meals. If you are not at the Center on Mondays, please call to order your meals by 3 PM.

Please Note:
 Activities are subject to change without advanced notice.




Helps to financial support the Centre Region Parks and Recreation Active Adult Center

Open Enrollment for The Summer Program Sessions begins on 05/13/24!

Sign up at www.crpr.org -Visit the Active Adults page, then the online registration button. Program fees can be paid online or at the Front Desk. Please see staff if you need assistance or have questions.