



Centre Region Active Adult Center COVID-19 Policy

The Center's COVID-19 policy has been created to protect you, our patrons, as well as our staff. In accordance with the Governor's Red/Yellow/Green plan, and the recommendations and mandates from the Center for Disease Control (CDC), the PA Department of Health, the PA Department of Aging, and the Centre County Office of Aging, we present our safety guidelines for your knowledge.

We request that everyone follow these guidelines so that we may re-open the Center for limited activities and keep everyone safe while doing so. If patrons are not able to follow these guidelines, patrons may not be able to continue visiting the Center or the Center may need to close.

- Active Adult Center participants, staff, and volunteers are to stay home if they do not feel well, and staff will send sick individuals home immediately.
- Participants, staff, and volunteers **MUST** wear a **CLEAN** mask while in the Active Adult Center unless they are eating lunch.
- Staff will conduct a daily health screening before admission to the Center. This will be done with staff assistance on Co-Pilot. Co-Pilot screen will be wiped thoroughly before next participant answers the questions. If an outside activity occurs, staff will utilize the paper screening then enter it into Co-Pilot. (AAC will follow contact tracing if necessary).
- Staff will take participants temperature every time they attend.
- No walk-ins are permitted. All attendance must be pre-scheduled. If you are not registered to attend, please do not knock on the doors and ask to be allowed into the Center.
- Social distancing must occur at all times. The distance needs to be at least 6 feet or more in between each person.
- Participants, staff, and volunteers must wash hands often with soap and water for at least 20 seconds, or use hand sanitizer with at least 70% alcohol if soap and water are not available. Rub hands until dry. Practice frequent hand washing by all those visiting the Center.

- Staff will provide assistance to individuals who may have difficulty washing their hands. Staff will be masked and gloved if assistance is required.
- Hand sanitizer that contains at least 70% alcohol will be available in multiple areas. All Center participants, staff, and volunteers are encouraged to use it frequently.
- Everyone must cover coughs or sneezes with the bend of their elbow.
- The Center will provide tissues and no-touch disposal receptacles. Participants must dispose of their tissues or any of their trash on their own.
- While eating, participants should focus on the food and not conversation. When taking long breaks while dining, masks must be on. When the meal has been consumed, masks must be worn.
- Staff will remind everyone to avoid touching their eyes, nose, and mouth.
- Staff will perform routine environmental cleaning at least every two hours. The CDC provides guidelines for cleaning in community settings.
- Staff will perform a deep cleaning of the Center at the end of each program day and in between operational days.
- Only one person per table (unless they already cohabitate).
- Participants are not permitted to move chairs. Only staff may move them. Social distancing seating markers may be in place at the Center, and patrons are encouraged to sit where indicated.
- Currently there are no card games, puzzles, nor board games permitted.
- Staff will continue to do outreach to those who choose not to return to the Center at this time.
- Maximum people permitted in the Center is 25, including staff (11 in exercise room, 10 in card room, 12 in common area). This capacity reduction is based on guidelines from the State of PA Department of Aging, and the College Township regulations.
- Participants do not have to wear masks outdoors if they maintain the required 6' social distancing. Participants should have masks with them at all times for those times when social distancing is not possible.
- Participants must wear masks when riding the van for transportation needs to and from the Center and Center Activities.
- If person who has attended center receives a diagnosis of COVID-19:

- All participants, staff, volunteers who attended that day will quarantine until they are tested for COVID with a negative result with a minimum of 14 days quarantine from time of exposure.
- Staff will do morning announcements to remind participants of the above rules.
- All policies will be provided to center participants. All participants will be asked to sign an acknowledgement agreement that states they will comply with policies.

Addition 3/10/2021:

Staff will use fogger at the end of each day participants attend.