## Active Adult Center - May 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Group	Active Adult cente Dente Office of Agine Helps to financial support the Centre Region Parks and Recreation Active Adult Center	1 Fish Sandwich w/Cheese Tater Tots Coleslaw WG Sandwich Roll, Tatar Sauce Fresh Fruit	2 Grilled Chicken Caesar Salad Mixed Greens (Diced Chicken Parmesan, Tomato, Croutons) Cream of Broccoli Soup Dinner Roll Blushed Pears	3 Sweet Sausage Sandwich w/Peppers & Onions Beef Vegetable Soup Pineapple Hot Dog Roll
6 Beef Taco on Soft Tortilla with Lettuce/Tomato/Onion Shredded Jack & Cheddar Cheeses Cilantro Lime Rice Seasoned Pinto Beans Pina Colada Cake Juice	Swiss Steak w/Onion Gravy Buttered Noodles Green Beans Dinner Roll Seasonal Fresh Fruit	7 Chicken Parmesan w/Shredded Cheese Penne w/ Sauce Tossed Salad w/ Tomato Breadstick Chocolate Pudding Grape Juice	9 Egg Salad Sandwich w/ Lettuce & Tomato Potato Salad Pickled Beets 2 White Bread Fresh Fruit	10 MOTHER'S DAY TEA PARTY Light lunch included *Must sign up!
13 Baked Cabbage Roll w/ 2oz Sauce Garlic Whipped Potatoes Carrots White Bread Seasonal Fresh Fruit	14 Homemade Ham Salad Sandwich w/lettuce & tomato 3 Bean Salad 2 Rye Bread Brownie, Orange Juice	4 15 Roast Pork w/Gravy Whipped Potatoes Homemade Stuffing Peas & Carrots Pudding	16 Baked Pollock Macaroni & Cheese Stewed Tomatoes White Bread Banana	17 Baked Beef Ravioli w/Shredded Cheese Tossed Salad w/ Tomato Breadstick Seasonal Fresh Fruit
20 BBQ Pulled Pork Sandwich Coleslaw Homemade Whipped Sweet Potatoes Sandwich Roll Fresh Fruit	21 Pot Roast w/ Gravy Mashed Potatoes & Gravy Mixed Vegetables Dinner Roll Tapioca Pudding	L 22 CENTER WILL BE CLOSED FOR PRIVATE MEMORIAL	23 Antipasta Salad Ham, Salami, Mozzarella over Mixed Greens w/ Tomato & Green Olives Italian Pasta Salad Dinner Roll Fruited Gelatin	Centers are Closed COST SAVINGS DAY NO MEALS OR VANS
Memorial Day 27	28 Baked Salmon w/ White Wine Cream Sauce Scalloped Potatoes Spinach Dinner Roll Fresh Fruit	3 29 Western Hamburger w/Onion Rings & BBQ Sauce BBQ Baked Lima Beans Macaroni Salad Burger Bun Fresh Melon	30 French Toast Sticks Sausage Patties Breakfast Potatoes Syrup & Margarine Cinnamon Apple Sauce *menu subject to change	31 MEMORIAL DAY POT LUCK! Sign up to bring something to share with the group! *Hot dogs will beprovided by the Center.

Meal orders are placed every Monday for the following week. To reserve your meal, please call the Center at 814-231-3076. \$2.00 Donation for 60 years and over, \$6.01 for 55-59 years old. All Meals are served with 2% Milk.