



CRPR Active Adult Center Hiking Schedule Tuesdays, 2024

Serving the Townships of College, Ferguson, Harris, Patton, and the Borough of State College

It is understood that activities such as these involve a danger of accidents and an element of risk. Knowing this, participant assumes these risks and waives, releases and discharges all claims for damage and/or personal injury.

The information below was gathered at an earlier date and may be subject to change. Please check your email the day of hike for last minute updates.

All participants must sign a waiver and release of liability, prior to participating. Please see the Instructor/Guide to complete this waiver.

Meet at Westerly Parkway Shopping Center parking area 9:30 April-October – 10AM Nov-Dec

ALERT! TICKS All hikes that take place in woods, fields & brushy areas, no matter the season, Ticks ARE ACTIVE		
<u>Ride Share Donation</u> <i>If you rideshare, each passenger should be prepared to give driver noted \$ donation to help with price of gas & vehicle maintenance.</i>		
April 2	\$2	Daffodil Walk: at PA Fish Commission area along Spring Creek, aka “Fischer’s Dream.” Woodsy 1 mi. path then optional steep climb to level path overlooking creek.
April 9	\$3	North Meadows Rd off Bear Meadows Rd: Gravel road with slight uphill approach. Scenic overlook.
April 16	\$2	Shaver’s Creek Environmental Center: Relaxed hike. Circle Lake Perez or walk partway.
April 23	\$2	Whipple Dam SP: Whipple Lake Trail is good for all skill levels. The path is relatively flat. Hikers can choose to walk along paved area or hike brushy shorter path. Wear orange
April 30	\$2	Spring Creek Canyon Trail Phase 2: “Old Orchard Loop” Begins with long gradual uphill trek to level path. Shadeless – Recommend sunglasses/hat. Trail in SGL 333 - wear hunter orange or similar. Views of Bald Eagle Ridge, Nittany Mt & Spring Creek Canyon cliffs.
May 7	\$2	Scotia Trail 1. Hike begins at dirt parking area off Circleville Rd. Easy, woodsy linear trail. Occasionally narrow track. Bug spray recommended. Wear orange
May 14	\$3	Dogwood Hike along Millers Field Trail: in Rothrock Forest. 3 mile easy hike along wide, tree-lined gravel & dirt path w/much birdsong. Gentle slopes. Babbling brook accompanies hikers.
May 21	\$4	Lower Trail: (rhymes with flower): Smooth rail-trail along Frankstown Branch of Juniata River. <i>*Bring lunch to eat in outdoor pavilion near parking area after hike</i>
May 28	\$0	Musser Gap: Hike begins at parking area off Route 45. Uphill approach. Forested, dirt/gravel path. Scenic. Sturdy footwear recommended by Clearwater Conservancy.
June 4	\$4	Bells Gap Rail-Trail is really two trails in one – a flat 2.1 mi southern section w smooth crushed limestone surface & a more difficult northern section best suited for hikers seeking a challenge.
June 11	\$2	Scotia Trail 2. Hike begins at Sleepy Hollow Rd parking area. Out-& back trail. Generally considered an easy route, This is a popular trail, A nice walk in the woods. Bug spray recommended. Wear orange
June 18	\$4	Black Moshannon SP (#1) Moss Hanne Trail: Along boardwalk, thru woods. Look for insect-eating sundew & pitcher plants in the bog and possibly a snapping turtle
June 25	\$2	Shingletown Gap: <u>Challenging</u> rocky and rooty uphill tree-lined trail with stream crossings. Described as “rough.” See magnificent trees and rock formations & also the foundation of a long-ago house.
July 2	\$0	Rocky Top/Big Hollow: Out & back hike begins at Suburban Park in Ferguson Twp. Walk approx. 2-4 mi on quiet rural paths & mostly dirt or gravel roads i.e. Rocky Top Lane & Big Hollow Rd.
July 9	\$3	Alan Seeger NA: Stop at parking area near comfort stations. Walk down paved road to trailhead. Cool deep woods & small stream. See “Gert Aron” foot bridge.
July 16	\$2	Spring Creek Canyon Trail Phase 1 – Rock Rd to Shiloh Rd.: Slight rise & dip to begin, flat thereafter. Wide gravel path paralleling Spring Creek. See wild morning glories, native sunflowers.
July 23	\$3	Colyer Lake: This nice lake walk has beautiful views. A bridge has been installed across the stream below the dam spillway. So you can now make the round trip with dry feet.
July 30	\$0	Hiker’s Choice. Take a postponed hike, explore a new one, or enjoy one from back in the day.

CRPR Active Adult Center Hiking Schedule – Tuesday, 2024

2024 Continued

Suggestion: Hikers wear **hunter orange** or similar clothing.

Reminder: be aware of ticks!



Ride Share Donation		
Aug. 6	\$4	Black Moshannon SP(#2)/Shinglemill Trail: Cardinal flowers, many mushrooms. Downstream from dam. 3-1/2 mi hike. Challenging rocky, rooty hills then finishes on partially gravel road.
Aug 13	\$2	Rhoneymead Arboretum and Sculpture Garden. Straddles a high north/south ridge in the valley between Nittany and Tussey Mountains. Among its many features are a secluded lotus pond and acres of farm, field, hedge row and woodland.
Aug. 20	\$4	Bald Eagle SP (#2):.Butterfly Trail: Begins at beach area parking lot, continues past Nature Inn & returns. See lots of pollinators. Sunny. Wear your hat and sunglasses. <i>*Bring LUNCH to eat after hike at outdoor pavilion adjacent to parking lot</i>
Aug. 27	\$0	Millbrook Marsh Nature Center: Start hike at parking area off Puddintown Rd. Begin at the marsh's boardwalk wetland area. Continue on mostly flat trails. Take an indirect route thru brushy area to visit a bird blind within the marsh that allows view of birds in the dense field of cattails & dogwood.
Sept. 3	\$0	Eagle Scout Trails: Path begins in woods behind Park Forest Baptist Church on Carnegie Dr. Narrow dirt path meanders past old stone walls & thru forest regeneration habitat. Connects w trails in the Haugh Preserve of Patton Woods & with a trail to Circleville Park. Wear orange.
Sept. 10	\$2	Fisherman's Paradise: Wide gravel trail until firing range, then down slope to wooded trail running along Spring Creek, continuing to meadow with birds, pollinators, and plants.
Sept. 17	\$2	Metz Manor Hike. Level hike MST from "Metz Manor" on Pine Swamp Rd. Trail has wooden footbridges but path remains muddy. Wear sturdy shoes. Wear orange
Sept. 24	\$0	Walnut Spring Park: Walk in the woods in town. Connect to Lederer Park & Thompson Woods, for sizeable total hike – State College's own "Central Park."
Oct. 1	\$0	Arboretum: Hike begins at Sunset Park. Walk along the Bellefonte Central Rail Trail. Hike through Hartley Wood, a 43 acre forest tract. Explore H.O. Smith Botanic Gardens.
Oct. 8	#2	Detweiler Run Rd. to NA: Easy walk with moderate incline on old gated forest road to old growth hemlock. Return same way. Wear orange.
Oct. 15	\$3	Wampler Rd.: Hike on Wampler Rd to eye-popping vista & back. Wear orange
Oct. 22	\$4	Greenwood Furnace SP: Choice of good hike trails or "Alternate easy":. Wear orange.
Oct. 29		Hiker's Choice: Take a postponed hike, explore a new one, or enjoy one from back in the day.
		Daylight Savings Time ends November 3, 2024. Fall back 1 hour. 10AM Start
Nov. 5	\$0	Boalsburg: Hike Stan Yoder Preserve & new paths on the Boal Estate grounds. <i>Optional stop for hot chocolate or stay & visit shops if possible at that time.</i>
Nov. 12	\$0	Harvest Fields Community Trails: Trails rise up & wind down the mountainside in the woods behind Calvary Church. In distance, see sweeping views of Happy Valley & Mount Nittany. <i>Possible lunch stop.</i>
Nov. 19	\$0	Scenery Park Neighborhood: Hike begins at gazebo at South Hills Plaza. Hike will be through the Scenery Park neighborhood and up toward & down the Mt. Nittany Bikepath. Look for ripened wild grapes and more autumnal beauties!
Nov. 26	\$0	PSU Golf Course: Hike begins at Haymarket Park, off Bristol Ave, near intersection w/Blue Course Dr. We will walk from Haymarket up Blue Course then explore some of the paths around Penn State Golf Course before returning. <i>Possible lunch stop at The Original Waffle Shop.</i>
Dec. 3	\$2	Bellefonte: Walk around the history-laced Victorian Town, the county seat of Centre Co. We can explore the "riverfront" areas & Tallyrand Park too. <i>Optional stop for hot "cuppa" or lunch.</i>
Dec. 10		A Potluck LUNCH is planned at a location TBD. Follows a walk on nearby bike paths.
❄️Happy Holidays. Arrange a get-together. Hike with family and friends on a trail of your choice.❄️		

January 1, 2025. Mt. Nittany. A community/family hike: Climb the famous mountain to welcome the New Year with a vigorous hike; usually arranged by Ridge & Valley Outings Club. Traditionally, hikers meet at 10 AM in Lemont & form spontaneous groups of self-guided, self-responsible "aspirants" to summit.

Send request to glendarupert95@gmail.com to be added to hiking seniors email for updated plans and weekly Thursday hikes too.