## Active Adult Center - April 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
CENTER CLOSED	Baked Beef Ravioli	PENN STATE RPTM 456 STUDENT EVENT	Baked Fish	Chicken, Spinach & Cranberry Salad
COST SAVINGS DAY NO VANS OR MEALS	w/ Shredded Cheese	Center Open to Event Participants ONLY	Baked Potato	w/ Dressing
	Tossed Salad w/ Tomato	":HAPPY VALLEY GAMES!"	California Blend Vegetables	Mixed Greens & Spinach
	Breadstick	Join the RPTM 456 Penn State Students	Corn Bread, Tartar Sauce	Pickled Beets
	Seasonal Fresh Fruit	for an Oylmpic Themed Event!	Seasonal Fresh Fruit	Dinner Roll
	No contraction of the contractio	Cost \$6		Cake
		*Light lunch included		
8	9	Opening Day Baseball 10	11	12
Orange Glazed Pork Loin	Roast Beef w/ Gravy	All-Beef Hot Dog	CENTER CLOSED DUE TO	Tuna Salad Sandwich
Buttered Orzo	Mashed Potatoes w/Gravy	Baked Beans		w/lettuce & tomato
Broccoli & Cauliflower	Brussels Sprouts	Macaroni Salad	GEAFE	Vegetable Noodle Soup
White Bread	White Bread	Fruit Juice, Cake w/Topping	(STAFF )	Coleslaw
Peach Crisp	Banana	Hot Dog Roll, K/M	TDAINING	White Bread
			IRA	Seasonal Fresh Fruit
15	16	17	18	19
Swiss Steak	BBQ Pulled Pork Sandwich	Chicken Cobb Salad	Roast Pork	Sloppy Joe
Onion Gravy	Coleslaw	(Diced Chicken, Egg, Bacon Bits,	Whipped Potatoes	Steak Fries
Whipped Potatoes	BBQ Baked Beans	Cheddar) Mixed Greens	Sauerkraut	Corn
Carrots	Sandwich Roll	Pickled Diced Beets	Biscuit w/Apple Butter	Sandwich Bun
White Bread	Cookie	Dinner Roll	Cookie	Seasonal Fresh Fruit
Fresh Fruit		Cake		
22	23	24		26
Egg Omelet w/ Cheese	CENTER CLOSED	Baked Meatloaf w/ Gravy	Cheeseburger	Potato Crusted Fish
Sausage Patty	ELECTION PRIMARY	Mashed Potatoes	w/ Lettuce, Tomato	Macaroni & Cheese
Breakfast Potatoes		Sweet Peas	Potato Salad	Stewed Tomatoes
Wheat English Muffin w/ Jelly	THEFTON	White Bread	Hamburger Roll	White Bread
Fresh Fruit		Pudding	Warm Apple Crisp	Fresh Fruit
	L* DAY *			
29	30	1 2 1 4 1 2 1 1 1 2		
Creamy Parmesan Pork Chop	Pasta & Meatballs		Active Adult	-
Diced Redskin Potatoes	Pasta w/ Marinara		Center	
Green Beans	Tossed Salad w/ Tomato			The
Dinner Roll	Breadstick		<b></b>	Nutrition
Pineapple Tidbits	Grape Juice, Brownie	a march and a second and a	OFFICE OF AGING	Group
Cookie		*menu subject to change	Helps to financial support the Centre Region	Group
			Parks and Recreation Active Adult Center	

Meal orders are placed every Monday for the following week. To reserve your meal, please call the Center at 814-231-3076. \$2.00 Donation for 60 years and over, \$6.01 for 55-59 years old. All Meals are served with 2% Milk.