

# Centre Region Parks & Recreation

2643 Gateway Drive #1, State College, PA 16801 [www.crpr.org](http://www.crpr.org)

*Serving the Borough of State College and the Townships of College, Harris, Ferguson & Patton*

## Fall 2010 Program Report

September through December 2010

4 Jan 2011

*Photo: Enjoying the "Hanging Donut Contest"  
at Millbrook Marsh Nature Center during the 2010 Historic Harvest Festival.*

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### Centre Region Parks & Recreation Staff Dec. 2010

Ronald J. Woodhead, Director  
Greg L. Roth, Parks Supervisor  
Beth C. Lee, Rec. Supervisor - Programs & Spec. Events  
Virginia E. Shawley, Senior Center Supervisor  
Jeff R. Hall, Rec. Supervisor - Fitness & Sports  
Molly A. Hetrick, Rec. Supervisor - Nature Center  
Todd A. Roth, Aquatics Supervisor  
Diane Ishler, Office Manager (Retired 31 Dec 2010)  
Christeen J. Kisslak, Office Manager Designate  
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Carol M. Clitherow, Staff Assistant - Senior Center  
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Tiffany Barto, Parks Caretaker II  
Kurt Kunka, Parks Caretaker I  
Gary Sprankle, Parks Caretaker I  
Kurt Nicholas, Parks Caretaker I  
Dennis Secrest, Parks Caretaker I  
Clint Rupeka, Parks Caretaker I



## **Centre Region Parks & Recreation . . . Fall 2010**

The staff of CRPR is pleased to present this report on the Fall 2010 programs offered to residents of the Centre Region. The long history of municipal cooperation for Parks & Recreation continues to help make the Centre Region a great place to live. **“CRPR - Where Everyone Plays!”**

*Ronald J. Woodhead, Director*

Programs & Special Events	Fall 2009	Fall 2010
Pavilion Reservations (Sept. & Oct.)	168 Fall Permits 1,086 Permits for 2009	<b>172 Fall Permits</b> <b>951 Permits for 2010</b>
Annual Halloween Costume Parade	1,900+	1,100+
“Dark in the Park” Storytelling Event	95	175+
Municipal Band Concert (for Veteran’s Day)	375	475+
Adult Ballroom & Round Dance	715	664
Adult Square Dance Lessons	101	247

“Dark in the Park” was held on a crisp fall evening and the attendance was terrific. It was the 18th year for this event and it gets better each time. Also, the 65th Annual Halloween Costume Parade was again a huge success. The numbers were a little lighter than in the past, but the costumes were creative and the partnership with the SC Lions Club continues to make this a longstanding community tradition.

*Beth C. Lee, Recreation Supervisor - Programs & Special Events*

Aquatics at the SCAHS Natatorium	Fall 2009	Fall 2010
Youth Lessons (Preschool and Levels 1-6)	108 in 28 classes 2 on wait list	120 in 30 classes 4 on wait list
<b>Total Swim Lesson Registrations</b>	<b>108</b>	<b>120</b>

CRPR’s youth swimming lessons continue their popularity. The first session’s numbers were down a little most likely due to conflicts with other fall activities, but the second and third sessions of the fall were well attended.

*Todd A. Roth, Aquatics Supervisor*

Centre Region Senior Center	Fall 2009	Fall 2010
Noontime Meals Served (4 days per week, Sept - Dec)	1,416	<b>1,232 meals</b>
Visits to Programs & Special Events (Sept - Dec)	4,777	<b>7,083 program visits</b>

**Meal Counts:** The current average daily meal attendance is 23 seniors. The 13% decrease (187 meals over 4 months) is likely due to a number of reasons involving the participants, the meals and the center. Many new participants are only attending special luncheon events. PCN / Nutrition Group Inc. remains the county-contracted meal provider. Starting in August the contractor provided individually-packaged meals for each center participant compared to the group servings provided earlier.

**Program Visits:** The center has been hosting an influx of new, younger participants for our active programming. While many are not routinely staying for the meals, meals as part of special events are very popular. We have outstanding attendance for the exercise programs, painting classes, line dancing, yoga and Zumba Gold. Partnering with Prime Time Health, Mount Nittany Medical Center donated all the materials for the clinic and Home Nursing Agency from Altoona provided the Nurses, providing free flu shots to 152 seniors.

*Virginia E. Shawley, Senior Center Supervisor*

<b>Fitness &amp; Sports</b>	<b>Fall 2009</b>	<b>Fall 2010</b>
Start Smart Soccer Program (3 classes in 2009; 4 in 2010)	30	25
Start Smart Basketball Program	9	4
Youth Quickstart Team Tennis (replaced lessons)	30	20
Youth Junior Match Play Tennis (replaced lessons)	8	16
Girl's Rhythmic Gymnastics - Beginner	10	0
Girl's Rhythmic Gymnastics - Advanced	4	4
Youth Cross Country Races (3 total)	72	118
<b>Total YOUTH Participants</b>	163	187
Adult Flag Football League	239 (19 teams)	255 (19 teams)
Adult Volleyball League	279 (24 teams)	252 (22 teams)
Men's Basketball League	72 (7 teams)	72 (7 teams)
Adult Tennis Lessons	15	15 (+3 wait list)
Adult Sunday Social Mixers Tennis	12	12
Adult Indoor Soccer	32	31
Coed Volleyball Program	25	21
Fitness Classes (Step Interval Cardio, Morning Workouts, Group Strength Training, Dance Aerobics, Hatha Yoga, Power Yoga, Zumba)	196 (+12 wait list)	258
State College Badminton Club	320 (avg. 20/night)	320 (avg. 20/night)
"Singles Club" Volleyball League (Wed. & Sun. evenings)	228	408
<b>Total ADULT Participants</b>	1,418	1,632

*The Start Smart programs remained popular. We expect to add one more Start Smart sport in 2011 (possibly baseball or tennis). The Adult Flag Football League continued to be one of the most popular sports programs with 19 teams competing in 2 divisions; hopefully it can expand in Fall 2011. Zumba continues to be the most popular of the adult fitness classes with 95 participants in 4 classes. The new Quickstart and Junior Team Tennis programs that were started in Summer 2010 were well attended in Fall 2010 and will be expanded seasonally in 2011.*

*Jeff R. Hall, Recreation Supervisor - Sports & Fitness*

*Unfortunately, the numbers for Girl's Rhythmic Gymnastics were way down this fall. The times of the program had to change in order to accommodate the school gym schedule. Since the fall, the instructor and I have re-evaluated the program, made some positive changes and expect the numbers to rebound in 2011. But the 4 girls who participated in the advanced class loved it!*

*Beth C. Lee, Recreation Supervisor - Programs & Special Events*

<b>Millbrook Marsh Nature Center</b>	<b>Fall 2009</b>	<b>Fall 2010</b>
Staff-Guided Group Program visitors	1,082	<b>1,146</b>
Family Programs (Fall Walk, Explorer Series, Scouts)	162 (16 programs)	<b>54 (8 programs)</b>
Visitors for Facility Rentals & Off-site Programs	597	<b>1,027</b>
Knee-High Naturalist Programs (16 programs)	107	<b>144</b>
Birthday Parties (started in 2005)	92	<b>48</b>
Special Events & Meetings (Historic Harvest Festival, Spring Creek Day, music nights)	1,537	<b>1,442</b>
<b>Total Fall Visits:</b>	<b>3,577</b>	<b>3,861</b>

*The Historic Harvest Festival and Spring Creek Day Family Festival events both attracted many visitors this Fall and the Music Nights at the Marsh continue to be popular with the community. Facility use is higher than in the past primarily because communication has improved with PSU faculty who use the site for class activities. Throughout 2010, Family program numbers have been lower than traditional so new program topics and additional advertising is planned for next year.*

*Molly A. Hetrick, Recreation Supervisor - Nature Center*

### **Parks Maintenance Highlights**

Some park maintenance highlights from Fall 2010 include:

- An underground drainage system was installed on the two main sportfields at the Fogleman Field Complex to help alleviate wet areas - funded entirely by the Centre Soccer Association.
- A pavilion is in the process of being installed at the Tudek Dog Park by the Tom Tudek Memorial Trust and Ferguson Township.
- Parking lot improvements and paths were installed at Thompson Woods Preserve.
- Phase 3 of Circleville Park was completed by Patton Township. Facilities include bocce courts, sand volleyball courts, playground, pavilion with fireplace and a Maintenance building. Little Lion Drive from Valley Vista to the park has been paved.
- Stream bank restoration work and riparian plantings were installed at Spring Creek Park.
- New playground equipment has been purchased for Park Hills Park; installation is pending.
- A memorial area was constructed in Greenbriar/Saybrook Park in memory of Major Michael Weston USMC, who was killed in the line of duty.
- Handicapped accessible paths have been constructed around the barn at Millbrook Marsh Nature Center.
- Plans for construction of an additional pavilion and restrooms are underway for Haymarket Park.
- Renovation work started on Sept. 2 at the Hess Field Complex. All demolition work is complete; the new backstops and dugouts have been delivered. Handicapped accessible paths and parking are under construction, infield upgrades are almost complete and the new bleachers have been assembled. The complex will re-open for play in late-April.
- 16 Remembrance Trees were planted in 2010 for a total of 348 trees planted since the program began in 1994.
- The on-ground ice rink at Blue Spring Park was set-up and filled in December. It opened on Dec. 23.

*Greg L. Roth, Parks Supervisor*

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*Report coordinated by Jeff Hall, Recreation Supervisor*